

# **School of Health Sciences**

Post-graduation-Report Academic Year 2013/14

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## 1. Post-graduation: Master and PhD programs

Until now the post-graduate report has been prepared for the civil year, but from now on it will be prepared taking into consideration the academic year, since this more clearly reflects the academic measures.

The School of Health Sciences (ECS) formally started to offer master and PhD programs, in accordance with the Bologna legislation, in the academic year 2009/2010. Specifically, the School presently offers a Master program in Health Sciences, a PhD program in Health Sciences and a PhD program in Medicine (including a track, the MD/PhD, in which medical students start the PhD before finishing the medical degree). In 2013 the MD/PhD track was awarded a grant from the Portuguese Science Foundation (FCT), in the first call for FCT PhD Programs. This provides a total of 20 PhD scholarships of four years duration each, to be distributed in four cohorts. Also in 2013, the ECS, together with the Medical School of the University of Coimbra and with the Faculty of Medical Sciences, New University of Lisbon formally presented the inter-institutional PhD program in Aging and Chronic Disease was also awarded in the FCT call for PhD programs, being awarded with 36 PhD scholarships of four years duration each, to be distributed in four cohorts. This funding is considered an high achievement of the formal offer in advanced training in the ECS in the academic year 2013/2014.

In the academic year 2013/2014, 11 students enrolled our PhD programs (3 in Health Sciences and 8 in medicine of which 4 in the MD/PhD track), and 14 enrolled the Master program in Health Sciences.

In the academic year 2013-2014, 10 PhD students, 3 in medicine and 7 in health sciences, and 7 Master students have successfully defended their thesis.

A specific note is always given to the MD/PhD pathway, since as a pre-requisite students must have accomplished at least two summer laboratory rotations in the previous years, which has been responsible for several medical students to engage in research activities. In the summer of 2013, 35 medical students participated in such rotations, which is a clear demonstration of the vitality of the program.

In July 31<sup>st</sup> 2014 28 Master and 96 PhD students were enrolled in the ECS.

## 2. Advanced courses

The postgraduate offer of ECS continues its mission to provide the scientific community with opportunities for career development and advanced training, by presenting courses and workshops intended for medical doctors and researchers in the biomedical sciences.

From September 1st 2013 until July 31st 2014, the international postgraduate program offered 46 courses and workshops (listed below), which were attended by a total of 943 participants. This represents almost doubling of the number of courses and of participants when comparing to the previous year.

## TEACHING LARGE (OR SMALL) CLASSES ACCORDING TO BOLOGNA

Manuel João Costa September 12, 2013

## **FUNDAMENTALS OF ASSESSMENTS IN HIGHER EDUCATION**

Manuel João Costa September 13, 2013

### **FUNDAMENTALS IN NEUROSCIENCE (6th Edition)**

João Carlos Sousa, João Cerqueira, José Miguel Pêgo September 16-27, 2013

## PEDIATRIC ENDOSCOPY (3rd Edition)

Henedina Antunes, Carla Rolanda, Jorge Correia-Pinto September 19-20, 2013

## MICROSURGICAL ANASTOMOSIS (5th Edition)

Nuno Sevivas, Pedro Leão, Espregueira-Mendes, Vieira da Silva September 19-21, 2013

#### SULCI, GYRI, VENTRICLES AND DISSECTING FIBERS (11th Edition)

Nuno Sousa, Carlos Alegria September 23-27, 2013

#### **FUNDAMENTALS IN IMMUNOLOGY AND INFECTION (5th Edition)**

Gil Castro September 30 - October 11, 2013

#### THERAPEUTIC ENDOSCOPY (6th Edition)

Carla Rolanda, Jorge Correia-Pinto October 3-4, 2013

## **DIGESTIVE LAPAROSCOPY AND LESS SURGERY (7th Edition)**

Novo de Matos, Pedro Leão, Jorge Correia-Pinto October 7-9, 2013

#### **BILIARY LAPAROSCOPY (5th Edition)**

Jaime Vilaça, Daniela Sá Leão, Jorge Correia-Pinto October 14-16, 2013

## **FUNDAMENTALS OF GENETICS, DEVELOPMENT AND NEOPLASIA (5th Edition)**

Fátima Baltazar, Raquel P. Andrade, Sandra Costa October 14-25, 2013

#### **RESEARCH METHODOLOGIES (5th Edition)**

Manuel João Costa October 28 - November 8, 2013

## **BASIC LAPAROSCOPY FOR RESIDENTS (5th Edition)**

Cristina Nogueira-Silva, Emanuel Dias, Paulo Mota, Jorge Correia-Pinto November 4-5, 2013

#### LABORATORY ANIMAL SCIENCE (9th Edition)

Magda Castelhano-Carlos, Margarida Correia Neves November 11-22, 2013

#### MINIMALLY INVASIVE SPINE SURGERY (2nd Edition)

Pedro Varanda, Paulo Cibrão Coutinho, Espregueira-Mendes, Vieira da Silva November 15-16, 2013

#### MASSIVE ROTATOR CUFF TEAR: FROM BASIC SCIENCE TO CLINICS

Nuno Sevivas, António Salgado, Espregueira-Mendes, Vieira da Silva November 22-23, 2013

#### **BIOINFORMATICS IN HEALTH SCIENCES (5th Edition)**

Raquel P. Andrade, Bruno M. Costa December 2-13, 2013

## **BIOSTATISTICS IN HEALTH SCIENCES (4th Edition)**

Patrício Costa January 6-17, 2014

## **MEDICAL ACUPUNCTURE (2nd Edition)**

António Encarnação, Armando Almeida January 17 - June 29, 2014

#### PREMIUM CATARACT SURGERY: ALL THAT YOU WANT TO KNOW

Fernando Silva January 18, 2014

## A HANDS-ON APPROACH TO CELL AND TISSUE CULTURE

*from cell isolation, manipulation and characterization to advanced microscopy* António Salgado, Margarida Saraiva, Andreia Teixeira Castro February 10-21, 2014

### HOW TO TEACH 50, 100 OR MORE STUDENTS: WORKING WITH LARGE CLASSES

Manuel João Costa February 17, 2014

## STEM CELLS GET PRACTICAL (4th Edition)

**approaches on stem cell isolation, characterization and differentiation**António Salgado, Luisa Pinto
March 10-14, 2014

#### **ONCOLOGY MEETINGS: GASTRIC CANCER - STATE OF ART**

Adhemar Longatto, António Mesquita Rodrigues, Fátima Baltazar March 27-28, 2014

#### BASIC LAPAROSCOPY FOR RESIDENTS (6th Edition)

Cristina Nogueira-Silva, Emanuel Dias, Paulo Mota, Jorge Correia-Pinto March 28-29, 2014

#### ADVANCED THERAPEUTIC ENDOSCOPY

*live porcine model hands-on EMR, RFA and ESD workshop*Carla Rolanda, Mário Dinis-Ribeiro
March 31 - April 1, 2014

## ARTERIAL STIFFNESS AND EARLY VASCULAR AGING (3rd Edition)

Nuno Sousa, Pedro Cunha, Jorge Cotter April 3-4, 2014

#### METHODS FOR GROUPING VARIABLES WITH IBM SPSS STATISTICS (3rd Edition)

Patrício Costa April 3-4, 2014

## FETAL AND NEONATAL ENDOSCOPIC SURGERY (6th Edition)

Tiago Henriques-Coelho, Jorge Correia-Pinto April 7-9, 2014

#### **WOUNDS AND MINOR SURGERY**

Pedro Leão, André Goulart, Hugo Rios, Mesquita Rodrigues April 28, 2014

#### **GYNECOLOGICAL LAPAROSCOPY (6th Edition)**

#### hands-on course with live porcine models

Hélder Ferreira, João Bernardes, Jorge Correia-Pinto May 8-10, 2014

#### TOPICS OF REGRESSION WITH IBM SPSS STATISTICS AND MATLAB (3rd Edition)

Patrício Costa May 7-9, 2014

## **2<sup>ND</sup> UPDATE IN SURGERY FOR FAMILY MEDICINE RESIDENTS**

Joana Silva Monteiro, André Goulart, Sandra Martins May 10 - June 21, 2014

#### HANDS-ON INTRODUCTION TO THE SCIENTIFIC LITERATURE AND SEARCHING WITH PUBMED

Manuel João Costa May 15, 2014

#### WRITING MULTIPLE CHOICE QUESTIONS FOR THE NATURAL AND CLINICAL SCIENCES

Manuel João Costa May 15, 2014

#### SULCI, GYRI, VENTRICLES AND DISSECTING FIBERS (12th Edition)

Nuno Sousa, Carlos Alegria May 19-23, 2014

#### SLEEP - SNORING AND OSAS: CLINICAL CONCEPTS

Fausto Fernandes, Edilson Zancanella, Geórgia Zancanella June 3-4, 2014

#### AROUND THE NOSE: ENDOSCOPIC SINUS SURGERY (3rd Edition)

Fausto Fernandes, Francisco Moreira da Silva, Jorge Correia Pinto June 5, 2014

#### AROUND THE NOSE: FUNDAMENTALS IN RHINOSEPTOPLASTY (3rd Edition)

Fausto Fernandes, Francisco Moreira da Silva, Jorge Correia Pinto June 6, 2014

#### AROUND THE NOSE: SURGERY FOR SNORING AND OSAS (3rd Edition)

Fausto Fernandes, Carlos Matos, Jorge Correia Pinto June 7, 2014

## INTRODUCTION TO STRUCTURAL EQUATION MODELING WITH AMOS

Patrício Costa June 11-12, 2014

## **FUNDAMENTALS IN ARTHROSCOPY (5th Edition)**

Rui Duarte, Nuno Ferreira, Espregueira-Mendes, Vieira da Silva June 12-13, 2014

## MASTERCLASS IN LAPAROSCOPIC RADICAL CYSTECTOMY (2nd Edition)

Estêvão Lima, Riccardo Autorino, Jorge Correia-Pinto July 8, 2014

## MASTERCLASS IN LAPAROSCOPIC RADICAL PROSTATECTOMY (3rd Edition)

Estêvão Lima, Riccardo Autorino, Jorge Correia-Pinto July 9-10, 2014

## MASTERCLASS IN ADVANCED 3D-VIDEO-ASSISTED UROLOGICAL SURGERY (5th Edition)

Estêvão Lima, Riccardo Autorino, Jorge Correia-Pinto July 11-12, 2014

## CURRENT DEVELOPMENTS IN EMPATHY TEACHING AND RESEARCH IN THE HEALTH PROFESSIONS

Manuel João Costa, Patrício Costa July 1, 2014

Detailed information on the courses and workshops is available at <a href="https://www.ecsaude.uminho.pt/pg/courses">www.ecsaude.uminho.pt/pg/courses</a>.

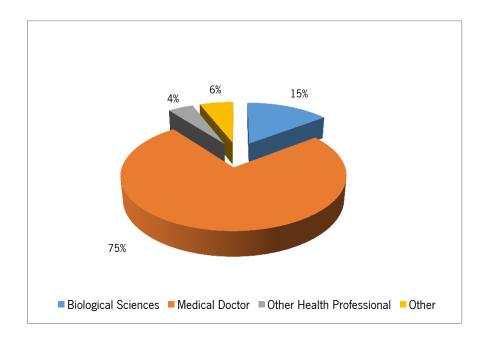
## **Sponsors**

To run the international postgraduate programme, we obtained financial support from several companies: Baptista Marques, Enzifarma, Ethicon Endo-Surgery, Grupo Taper, Olympus, Praxair, Sarstedt, Karl Storz, Tadinense and UtilMédica. We are grateful to our sponsors for the helpful contribution for this international program of courses and workshops in biomedical sciences.

## 2.1 Global Assessment

## 2.2.1 Participants Background

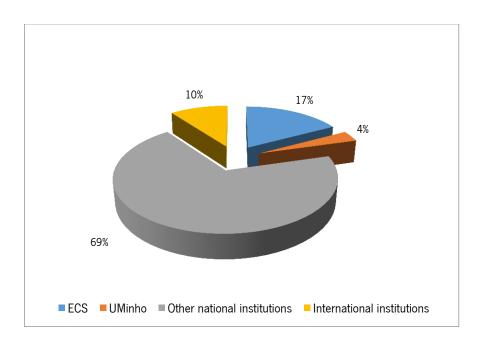
Figure 1 presents the professional background distribution of the 943 participants. The vast majority of the participants were medical doctors (75%), which is of notice. The participation of medical doctors reflects the commitment of ECS in continuous medical education, which is being well received by the medical community, not only in the country but also abroad.



**Figure 1** - Background distribution of the participants ("Other Health Professionals" include participants having as background pharmacy, psychology or clinical analysis and public health; "Others"

include participants having as background polymer, biotechnological, biological, food technology or chemical engineering).

The participants belong to different national and international institutions as presented in Figure 2.



**Figure 2** – Participants affiliation.

It is of notice that 79% of the participants belong to Institutions other than the University of Minho, of which 10% originate from foreign institutions, which highlight the ability of the program to attract investigators and medical doctors from other countries, which is a continued trend.

## 2.2.2 Evaluation Results

A questionnaire was filled by 833 out of the 943 total participants, to evaluate several aspects of each course. The overall evaluation provided the results presented in Figure 3: Excellent (44%), Very good (47%), Good (8%), Sufficient (1%), Weak/Poor (0%).

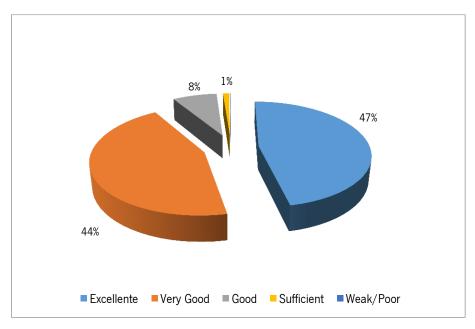


Figure 3 – Evaluation results.