Sonoanatomy Applied to Peripheral Nerve Blocks



University of Minho School of Medicine

PROGRAM – 11th Edition

June 7th 2017

Pre-course test – https://goo.gl/forms/7Gb73EgGKIP8IP5z2

Pre-course Survey – <u>https://goo.gl/forms/v1ntC5M6mxe7GihN2</u>

June 8th 2017

8h00 - 8h20 Registration

8h20 Course Introduction, objectives, faculty. - A Melo, R Silva

8h30 - 12h15 Anatomy of nerve structures and related strutures (vessels, bonés, muscles) in cadavers – hands-on – A Melo, H Rebelo, P Fragoso, H Trindade, E Segura

(10h30 - 11h00 Coffe-break)

12h15 – 13h00 Basic principles and artifacts in ultrasonography – hands-on J Magalhães, H Rebelo, P Fragoso, H Trindade, D Machado

13h00 - 14h30 Lunch

14h30 – 19h00 **5 Stations (50'/station) – human live models – hands-on – C Lobo, H Trindade, P** Fragoso, E Segura, L Ribeiro

Station 1 - Superficial cervical, interscalene, supraclavicular
Station 2 - Supraclavicular
Station 3 - infraclavicular, axillary
Station 4 - femoral, saphenous, lateral femural cutaneous
Station 5 - Sciatic, popliteal

(17h00 - 17h30 Coffee-break)

20h30 Diner

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June 9th 2017

8h30 – 13h00 Ultrasound and needle use training in the cadaver and anaesthetised pig – D Machado, J Durán, N Moinho, E Semedo, C Pinheiro, R Carvalho

(10h30 - 11h00 Coffee-break)

13h00 - 14h30 Lunch

14h30 – 19h30 5 Stations (50'/station) – human live models – hands-on – R Silva, J Durán, L Maria, J Magalhães, C Lobo

Station 1 - Posterior lumbar plexus Station 2 - Obturator Station 3 – Thoracic paravertebral Station 4 – Ilioinguinal/Iliohypogastric + TAP Station 5 – PEC ´s 1 & 2

(17h00 - 17h30 Coffee-break)

June 10th 2017

8h30 - 12h00 Ultrasound and needle use training in the cadaver and anaesthetised pig – C Pinheiro, D Machado, R Silva, R Carvalho, L Ribeiro

(10h00 - 10h30 Coffee-break)

12h00 - 13h30 Assessment

13h30 Wrap-up

LEARNING GOALS

- Recognize the anatomy that is essential to the execution of regional techniques in cadavers
- Understand the basic principles of ultrasound imaging.
- Train the techniques of ultrasound imaging (probe handling, probe-eye-hand coordination)
- Recognize basic anatomical structures (nerves, vessels, bone) and artifacts in ultrasound imaging.
- Execute basic and advanced techniques in ultrasound-guided peripheral nerve blocks