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The effectiveness of quarantine and isolation determine the trend of the COVID-19 epidemics in the final phase of the current outbreak in China

Biao Tang ^{1,2}, Fan Xia ^{1,4}, Sanyi Tang ³, Nicola Luigi Bragazzi ², Qian Li ^{2,4}, Xiaodan Sun ^{1,4},
Juhua Liang ³, Yanni Xiao ^{1,4,*} and Jianhong Wu ^{1,2,5,*}

¹ The Interdisciplinary Research Center for Mathematics and Life Sciences, Xi'an Jiaotong University,
Xi'an 710049, People's Republic of China

² Laboratory for Industrial and Applied Mathematics, Department of Mathematics and Statistics, York
University, Toronto, Ontario, Canada, M3J 1P3

³ School of Mathematics and Information Science, Shaanxi Normal University, Xi'an, 710119, People's
Republic of China

⁴ School of Mathematics and Statistics, Xi'an Jiaotong University, Xi'an 710049, People's Republic of
China

⁵ Fields-CQAM Laboratory of Mathematics for Public Health, York University, Toronto, Ontario,
Canada, M3J 1P3

The first four authors made the same contributions.

* Correspondence: yxiao@mail.xjtu.edu.cn, wujh@yorku.ca

Highlights

- Since January 23rd 2020, stringent measures for controlling the novel coronavirus epidemics have been enforced and strengthened in mainland China.

- Most infected cases have been quarantined or put in suspected class, which has been ignored in existing models.
- Results of our model show that the trend of the epidemics mainly depends on quarantined and suspected cases.
- It is important to continue enhancing the quarantine and isolation strategy and improving the detection rate in mainland China.

Summary

OBJECTIVES: Since January 23rd 2020, stringent measures for controlling the novel coronavirus epidemics have been gradually enforced and strengthened in mainland China. The detection and diagnosis have been improved as well. However, the daily reported cases staying in a high level make the epidemics trend prediction difficult.

METHODS: Since the traditional SEIR model does not evaluate the effectiveness of control strategies, a novel model in line with the current epidemics process and control measures was proposed, utilizing multisource datasets including cumulative number of reported, death, quarantined and suspected cases.

RESULTS: Results show that the trend of the epidemics mainly depends on quarantined and suspected cases. The predicted cumulative numbers of quarantined and suspected cases nearly reached static states and their inflection points have already been achieved, with the epidemics peak coming soon. The estimated effective reproduction numbers using model-free and model-based methods are decreasing, as well as new infections, while new reported cases are increasing. Most infected cases have been quarantined or put in suspected class, which has been ignored in existing models.

CONCLUSIONS: The uncertainty analyses reveal that the epidemics is still uncertain and it is important to continue enhancing the quarantine and isolation strategy and improving the detection rate in mainland China.

Keywords: coronavirus; multi-source data; mathematical model; SEIR model

Introduction

Early identifying signature features of an outbreak can provide policy- and decision-makers with timely information to implement effective interventions.^{1,2} Recently, a novel coronavirus (COVID-19) outbreak has occurred in Wuhan, Hubei, China, and has spread out to neighboring countries.³⁻⁵

During the early stages, the prediction of the COVID-19 epidemics by means of transmission dynamics models relies on the cumulative number of reported cases or the number of newly reported ones. The dynamical impact of the increasingly strong measures of the Chinese government has not been fully captured. Unprecedented interventions, including strict contact tracing, quarantine of entire towns/cities and travel restrictions, have added and will add further uncertainty to the analysis of the epidemics.

When enforcing such measures to a sample of 100 people, at least 9 of these may be found infected. Nearly 50% of infected people are confirmed from suspected cases.⁶ It is unfeasible to predict the impact of the COVID-19 epidemics without taking into account the effects of the

recently implemented measures. Estimates based on transmission dynamics models not including quarantined/suspected cases, as well as the cumulative reported cases from these compartments, cannot be used for informing public health policies.⁷

Since January 23rd 2020, after the implementation of the lock-down strategy in Wuhan, all other Chinese provinces have adopted similar measures. Nevertheless, the number of recently reported cases has increased faster than before, because of the incubation period of the virus, or the introduction of new screening/testing measures. Moreover, the diagnosis and treatment procedures have been simplified, and the detection effort has been strengthened.⁸

As such, the classical SEIR model cannot be used to depict and fit the data. The evolutionary trend of the epidemics depends on the strength of interventions, especially on the scale of quarantined and suspected populations.⁷ It is necessary to devise a dynamic model with suspected compartment incorporating prevention and control strategies to predict the trend of the COVID-19 epidemics based on multiple data sources and assess the efficacy of control strategies. We also incorporate the model-free method to estimate the effective number and to verify the declining trend of new infections.

Methods

Data

We obtained data of laboratory-confirmed COVID-19 cases in China from the “National Health Commission” of the People’s Republic of China and the Hubei’s “Health Commission”.⁹⁻¹¹ Data information includes the newly reported cases, the cumulative number of reported confirmed cases,

the cumulative number of cured cases, the number of death cases, and the cumulative numbers of quarantined/suspected cases (Figure 1). The number of quarantined cases does not include the number of suspected cases although the suspected cases have been isolated. Except for Hubei, the mean duration of hospital stays was around 9 days, with the shortest hospitalization duration of 5 days (in Hainan) and the longest hospitalization duration of 12.75 days (in Guangdong). The duration of hospital stays in Hubei was around 20 days, because, on the one hand, more severe patients were found in Hubei, and on the other hand, Wuhan has set stricter discharge standards. In addition to the usual standards of two nucleic acid tests being negative within an interval of 24 hours, Wuhan requires 10-12 days more of observation in the hospital.¹⁰⁻¹³ Since the number of daily cases in hospital is not suitable to identify the model/estimate the parameters, we use cumulative data.

Data used in the present study is reported in Appendix 1.

The model

A deterministic SEIR model based on the clinical progression of the disease, epidemiological status of the individuals, and intervention measures was proposed (Figure 2). We stratify the populations as susceptible (S), exposed (E), infected (I), hospitalized (H) and recovered (R) compartments, and we further stratify the population to quarantined susceptible (S_q), and quarantined suspected individuals (B). We extend our model structure,⁹ including the quarantined suspected compartment, which consists of exposed infectious individuals resulting from contact tracing and individuals with common fever needing clinical medication.

By enforcing contact tracing, a proportion, q , of individuals exposed to the virus is quarantined, and can either move to the compartment B or S_q , depending on whether they are effectively infected or not,^{14,15} while the other proportion, $1 - q$, consists of individuals exposed to the virus who are missed from contact tracing and move to the exposed compartment E once effectively infected or stay in compartment S otherwise.

Let the transmission probability be β and the contact rate be c . Then, the quarantined individuals, if infected (or uninfected), move to the compartment B (or S_q) at a rate of βcq (or $(1 - \beta)cq$). Those who are not quarantined, if infected, will move to the compartment E at a rate of $\beta c(1 - q)$. Let constant m be the transition rate from susceptible class to the suspected compartment via general clinical medication due to fever or illness-like symptoms.

Data on suspected individuals and also most of confirmed cases come from this compartment. The suspected individuals leave this compartment at a rate of b , with a proportion, f , if has been confirmed to be infected by the COVID-19, going to the hospitalized compartment, whilst the other proportion, $1 - f$, has been proven to be not infected by the COVID-19 and goes back to the susceptible class once recovery (Table 1).

$$\begin{cases} S' = -\frac{(\beta c(t) + c(t)q(t)(1 - \beta))SI}{N} - mS + \lambda S_q + b(1 - f)B, \\ E' = \frac{\beta c(t)(1 - q(t))SI}{N} - \sigma E, \\ I' = \sigma E - (\delta_I(t) + \alpha + \gamma_I)I, \\ B' = \frac{\beta c(t)q(t)SI}{N} + mS - bB, \\ S_q' = \frac{(1 - \beta)c(t)q(t)SI}{N} - \lambda S_q, \\ H' = \delta_I(t)I + bfB - (\alpha + \gamma_H)H, \\ R' = \gamma_I I + \gamma_H H. \end{cases}$$

The contact rate $c(t)$ is a decreasing function with respect to time t :

$$c(t) = (c_0 - c_b)e^{-r_1 t} + c_b,$$

where c_0 denotes the contact rate on January 23rd 2020) with $c(0) = c_0$, c_b denotes the minimum contact rate under the current control strategies with $\lim_{t \rightarrow \infty} c(t) = c_b$, where $c_b < c_0$, r_1 denotes the contact rate modeled as exponential decreasing rate, assuming that the contacts are decreasing gradually considering the implementation of interventions.

$q(t)$ is an increasing function with respect to time t :

$$q(t) = (q_0 - q_m)e^{-r_2 t} + q_m,$$

where q_0 is the initial quarantined rate of exposed individuals with $q(0) = q_0$, q_m is the maximum quarantined rate under the current control strategies with $\lim_{t \rightarrow \infty} q(t) = q_m$ and $q_m > q_0$, and r_2 is the quarantined rate modeled as exponential increasing rate. This function reflects the gradually enhanced contact tracing.

The transition rate $\delta_I(t)$ is an increasing function with respect to time t , the period of diagnosis $1/\delta_I(t)$ is a decreasing function of t :

$$\frac{1}{\delta_I(t)} = \left(\frac{1}{\delta_{I0}} - \frac{1}{\delta_{If}} \right) e^{-r_3 t} + \frac{1}{\delta_{If}},$$

where δ_{I0} is the initial diagnose rate, δ_{If} is the fastest diagnose rate, and r_3 is the exponential decreasing rate of the detection period. $\delta_I(0) = \delta_{I0}$ and $\lim_{t \rightarrow \infty} \delta_I(t) = \delta_{If}$ with $\delta_{If} > \delta_{I0}$. Then,

we define the effective reproduction number as

$$R(t) = \frac{\beta c(t)(1 - q(t))}{\delta_I(t) + \alpha + \gamma_I}.$$

Model-free estimation for R_0 and R_t

Taking one day as a time unit and assuming December 31st 2019 to be the time start point, i.e.,

$t = 0$ let W_t^c and N_t^c be the number of confirmed cases at time t in Wuhan and in China,

respectively. Let W_t^o and N_t^o be the number of patients eventually confirmed and with illness onset at time t in Wuhan and in China. T represents the duration from onset to confirmation for a patient eventually confirmed with P_T as probability distribution.

For k different days $t_1, \dots, t_2 (t_2 - t_1 + 1 = k)$, N_j^o is assumed to follow the Poisson distribution with mean λ_j , which is the parameter to be estimated, given the number of confirmed cases $N_{s_1}^c, \dots, N_{s_2}^c$ on days $s_1, \dots, s_2 (s_2 - s_1 + 1 = m)$ and the probability $p_{ij} = P(i - j \leq i - j + 1)$ that a patient with illness onset on day j will be confirmed on day i . For each j , $q_j = \sum_{i=\max\{j, s_1\}}^{s_2} p_{ij}$ is positive, with at least a fraction of patients with illness onset on day j and confirmed during the period s_1, \dots, s_2 . Parameters $(\lambda_{t_1}, \dots, \lambda_{t_2})$ can be estimated by $N_{s_1}^c, \dots, N_{s_2}^c$ and p_{ij} through deconvolution method (the Richardson-Lucy iterative algorithm):¹⁶⁻¹⁸

$$N_i^{c(n)} = \sum_{j=t_1}^i p_{ij} \cdot \lambda_j^{(n)} \quad (1)$$

$$\lambda_j^{(n+1)} = \frac{\lambda_j^{(n)}}{q_j} \cdot \sum_{i=\max\{j, s_1\}}^{s_2} \frac{p_{ij} \cdot N_i^c}{N_i^{c(n)}} \quad (2)$$

where $N_i^{c(n)}$ and $\lambda_j^{(n)}$ are fitted values of N_i^c and λ_j in the n^{th} iteration respectively. We stop the iteration when the error of fitting

$$\chi^2 = \frac{1}{m} \sum_{i=s_1}^{s_2} \frac{(N_i^{c(n)} - N_i^c)^2}{N_i^{c(n)}} \quad (3)$$

gets small and the values of $\lambda_{t_1}^{(n)}, \dots, \lambda_{t_2}^{(n)}$ are reasonable.

Because the method above requires at least a fraction of patients with illness onset on day j and confirmed during the period s_1, \dots, s_2 , we can determine the proper t_1 and t_2 such that $q_i > 0$ for $t_1 \leq j \leq t_2$ in terms of the distribution T .

N_j^o for $j < t_1$ is estimated as follows: let T_0 and T_c be the dates of a patient with illness onset and confirmed. Let $W_t^{0|T_c < s}$ and $N_t^{0|T_c < s}$ be the number of patients who are confirmed at

or before time S and with illness onset at time t in Wuhan and in China, and let $P(T \leq h|T_c = s)$ be the probability that a patient was confirmed at time s and h days after illness onset, which is the probability that a patient was confirmed at time s and with illness onset being the interval $[s - h, s]$. Let $P(T \leq h|T_0 = s)$ be the probability that a patient was confirmed h days after the illness onset on time s . Then

$$N_t^{0|T_c \leq s} - W_t^{0|T_c \leq s} = \sum_{i=0}^{s-t} (N_{t+i}^c - W_{t+i}^c) \cdot P(i \leq T \leq i+1|T_c = t+i) \quad (4)$$

$$N_t^{0|T_c \leq s} = N_t^0 \cdot P(T \leq s - t|T_0 = t) \quad (5)$$

We use equations (4) and (5) to estimate N_t^0 for $t \leq t_1$. To estimate the daily number of cases with illness onset in the period December 8th 2019-February 2nd 2020 in China, $\{N_t^o\}_{t=-23}^{33}$, (Figure 1(B)), we performed two steps: 1) we have used the daily number of confirmed cases from January 17th 2020 to February 3rd 2020 in China $\{N_t^c\}_{t=17}^{34}$ and the distribution P_T to estimate the daily number of patients with illness onset from January 4th-February 2nd 2020 $\{N_t^o\}_{t=4}^{33}$; 2) we have used the daily number of confirmed cases before or on January 22nd 2020 in China and in Wuhan ($\{N_t^c\}_{t \leq 22}$ and $\{W_t^c\}_{t \leq 22}$), the daily number of cases with illness onset before January 22nd and confirmed before January 22nd in Wuhan $\{W_t^{0|T_c \leq 22}\}_{t=-23}^{22}$ and the distribution $P(T \leq h|T_c = s)$ and $P(T \leq h|T_0 = t)$ to estimate the daily number of cases with illness onset $\{N_t^o\}_{t=-23}^3$ from December 8th 2019 to January 3rd 2020. We use the method based on the following renewal equation to estimate R_0 and R_t .^{19,20} Let j_t be the number of new cases on day t , and let $g_\tau = G(\tau) - G(\tau - 1)$ be the discretized distribution of the serial interval with $G(\tau)$ being the cumulative distribution function:

$$E(j_t) = R_0 \sum_{\tau=1}^{t-1} g_\tau j_{t-\tau} \quad (6)$$

The number of new cases follows the Poisson distribution. The distribution of the serial interval is modeled as a gamma distribution with mean of 7.5 days and standard deviation of 3.4 days.²¹

For R_t we have

$$E(j_t) = R_t \sum_{\tau=1}^{t-1} g_{\tau} j_{t-\tau} \quad (7)$$

We estimate R_0 and R_t based on the illness onset data per day N_t^0 (which is used to replace j_t).

Results

Model-free estimation of the basic/effective reproduction numbers

To estimate the onset-to-confirmation distribution P_T , we have collected detailed information of some patients confirmed before January 30th 2020 from the Health Commissions of different cities, including dates of illness onset and dates of confirmation. We use the data of these patients with illness onset before January 20th (ten days prior to the latest onset date of the patients in the data) to avoid underestimating T .

By fitting a Weibull distribution on the illness onset data before January 30th, we estimate P_T to be Weibull distributed (mean 7.67, standard deviation 2.88). By fitting a Weibull distribution on the data of cases confirmed on day s we estimate $P(T \leq h | T_c = s)$ to be Weibull distributed with mean 5.29 and standard deviation 3.48 for $s = 20, 21, 22$. From the literature²¹ $P(T \leq h | T_0 = t)$ was assumed to follow a Weibull distribution with mean 12.5 and standard deviation 7.5 for $t \leq 0$ and a Weibull distribution with mean 9.1 and standard deviation 4.18 for $1 \leq t \leq 3$.

We chose $(S_1, \dots, S_2) = (17, \dots, 34)$ (January 17th-February 3rd) to estimate $N_{t_1}^0, \dots, N_{t_2}^0$.

According to P_T we calculate that $q_j > 0$ for $4 \leq j \leq 33$ and $q_j = 0$ for other j . Then we can determine $(t_1, \dots, t_2) = (4, \dots, 33)$ (January 4th-February 2nd) and estimate $\{N_t^0\}_{t=t_1}^{t_2}$. We got $\{W_t^{0|T_c \leq 22}\}_{t=-23}^{22}$ from the literature,²¹ we chose $s = 22$ in formula (4). We obtain $N_t^c = W_t^c$ for $t \leq 19$, (Figure 3), and hence we only need to estimate the distribution $P(T \leq h | T_c = s)$ for $s = 20, 21, 22$. Therefore, then $\{N_t^0\}_{t \leq 3}$ can be estimated by formula (4) and formula (5).

We estimate the daily number of cases with illness onset on the day from December 8th, 2019 to February 2nd, 2020 in China, $\{N_t^0\}_{t=-23}^{33}$, (Figure 3(B)). The number of daily illness onset cases grew exponentially before January 20th 2020, and continued to grow but with a lower rate after January 20th 2020. Then it increased with a constant rate since the growth looks like a straight line (Figure 3(B)). We used the data on cases with illness onset before January 4th, $\{N_t^0\}_{t=-23}^{33}$, to estimate the basic reproduction number R_0 ,²¹ which was 3.27 (95% confidence interval [2.98, 3.58]). To investigate the variation of the basic reproduction number and its relationship with the serial interval, sensitivity analysis is carried out by changing the mean of the serial interval from 3 to 12 days. We examine the variation in R_0 with the serial interval (Figure 3(C)). The basic reproduction number R_0 increases in parallel with the serial interval. According to recent papers,^{22,23} the serial interval may be shorter than that estimated in the previous references. The mean of median serial interval was estimated to range from 3 to 6 days, the corresponding value of estimated R_0 is between 1.45 and 2.43 (Figure 3(C)).

Further we use the number of cases with illness onset on day t in China, $\{N_t^0\}_{t=-23}^{33}$, to estimate the effective reproduction number R_t (Figure 4(A)). It has a peak around January 20th and begins

to decrease after January 20th. It is worth noting that R_t started to be stable from late January and was still above 1. By repeating the above process, we also estimated the data on cases with illness onset in the Hubei Province between December 8th-February 2nd and based on that we further estimated the effective reproduction number R_t for Hubei (Figure 4(B)). It follows from Figure 3(B) that the data on cases with illness onset for Hubei is quite similar to that for China before mid-January. From Figure 4(B) the effective reproduction number R_t for Hubei shows a declining trend, which decreases quicker than that for mainland China, compared with Figure 4(A). The number of cases with illness onset in Hubei may peak earlier than in mainland China. From Figure 4(B) there was a small peak around January 12th 2020 which induces a relatively small and late main peak in Hubei, compared to Figure 4(A).

Prediction from the dynamic model

By simultaneously fitting the proposed model to the four columns of data of cumulative reported, death, quarantined and suspected cases, we obtain the estimations for the unknown parameters and initial conditions. The best fitting result is shown in Figure 5 (black curves). From Figure 5 the inflection points of cumulative quarantined and suspected population have been basically reached, while the cumulative number of reported cases nearly reaches its inflection point, which implies that the COVID-19 epidemic will nearly peak. Comparing the results in Figure 5(A-D), the number of quarantined/suspected cases peak earlier than the number of reported cases. Increasing the minimum contact rate c_b leads to an increase in the cumulative number of reported cases, the cumulative numbers of quarantined and suspected cases. An increase in individuals' movement

and/or weakening intervention measures (i.e., c_b becomes larger) result in more cumulative reported, quarantined, suspected cases and postpone the epidemic peak (Figure 5(A-D)). From Figure 5 (C-D, G-H) increasing the detection rate by three times while halving the confirmation ratio will result in high cumulative numbers of quarantined and suspected cases. In such a scenario, the number of cumulative reported cases exhibits a great decline, by comparing Figure 5 (A) and (E), Figure 5 (B) and (F)), i.e., the blue curves in Figure 5 (E-F) stabilize at lower values than the black curves do, which means that increasing detection rate by four times, even decreasing the confirmation ratio by half, can lower down the final cumulative reported cases and bring forward the epidemic peak. Continuing to enhance the quarantine and isolation strategy, improving detection rate, decreasing the confirmation ratio, are beneficial for mitigating the burden of the infection.

Repeating the above process based on real and generated data for Hubei gives similar results reported in Figure 6 (there is no data on suspected cases in Hubei). From Figure 6 (A-C) doubling the minimum contact rate c_b leads to an increase in the cumulative number of reported, quarantined, and suspected cases. Similar to Figure 5(A-C), increasing the minimum contact rate c_b induces a significant increase in the number of quarantined cases, comparing Figure 6(C) to Figure 5(C). More people may be quarantined if the contact rate becomes greater in Hubei.

The important factors making the prediction difficult are the lag in cases reporting and the randomness of the monitoring data. To examine the randomness of multi-source data and their influence on model prediction, we assume the cumulative reported, death, suspected and cumulative quarantined cases follow a Poisson distribution with the intraday cumulative number as the key parameter, and we randomly generate 1000 columns of datasets for fitting. We then

obtain the mean value and 95% confidence interval of key indicators including epidemic situation, daily reproduction ratio, peak time or inflection point (Figure 7). Due to the characteristics of the cumulative data, we here only show the 95% of the unilateral upper confidence limit and interval in Figure 7. The number of cumulative quarantined cases tends to be stable while the other three types of cumulative population sizes exhibit great randomness, implying that a random event (such as a sudden cluster infection) may lead to a rapid increase in the numbers of cumulative reported cases, deaths and suspected cases. Moreover, the fitting curve of the cumulative death cases with the real data is located in the middle of 95% unilateral upper confidence interval. The number of cumulative death cases due to the COVID-19 infection is highly uncertain where the improvement of treatment level may significantly reduce the fatality rate.

Similarly, on the basis of real data and 1000 columns of generated data we plot the curve of hospital notifications, (Figure 8(A) for China and (D) for Hubei). The hospital notifications will peak around February 8th 2020, and the peak time for the Hubei province may be one day early. The values of the hospital notifications in Figure 8 (A) and (D) are much smaller than those reported by the National Health Commission of China,¹¹ due to the very restrictive discharge conditions in Hubei. From Figure 8 (B) and (E), the estimated effective reproduction number based on the real data almost coincides with the mean values for both China and Hubei, while the effective reproduction number in the Hubei province is always larger than that the value for mainland China. From Figure 8(A) and Figure 8(B), the COVID-19 epidemics in China is highly uncertain. Figure 8(C) and (F) give the estimated contact rate $c(t)$, quarantined rate $q(t)$ and diagnose rate $\delta_I(t)$, showing that the contact rate curve for Hubei decreases faster than that for

mainland China with a smaller c_b . The quick decrease of the contact rate, the gradual increase of quarantined diagnosed cases rates indicate that the restrictive measures in China have been strengthened since January 23rd 2020.

Discussion

Since January 23rd 2020 the Chinese government has implemented several measures. Recent data show that most of reported cases come from suspected individuals. This implies that the changing trends of cumulative quarantined and suspected cases greatly influence the trend of the COVID-19 epidemics. The cumulative numbers of quarantined and suspected cases nearly tend to stabilize, since their inflection points have already been achieved. The COVID-19 epidemics will peak in the near future.

The existing models either use the data of only confirmed cases or data of both confirmed and death cases, with most of model predictions ignoring the effects of quarantine and isolation. Here we extend a previously developed model⁹ by including new compartments, and utilizing more data of quarantined and suspected cases, to make predictions and perform assessment and risk analysis. Based on our prediction, the number of cumulative confirmed cases is near to its inflection point and the COVID-19 infection will peak soon. The trend of the COVID-19 epidemics in Hubei and China depends on cumulative quarantined and suspected cases, in terms of variations of detection rate and the confirmation ratio for these two compartments.

Therefore, our model is consistent with the current epidemics development and in line with the prevention measures implemented in mainland China. The effective reproduction numbers are

quite large before January 24th 2020, suggesting that the population movement before the Spring Festival, especially the outflow of the population before the lock-down of Wuhan, has been an important factor resulting in the COVID-19 epidemics. The effective reproduction numbers show a declining trend, meaning that new infections have largely been decreasing, while new reported cases have been increasing significantly during February 3rd to February 7th 2020. Most cases were quarantined or became suspected cases.

The strong measures implemented have reduced the effective reproduction number. These interventions may take a longer time to be effective as the second and third generations of infected people are exposed in succession. After the first wave of the Spring festival, the flow of people increased the risk of spreading the novel coronavirus. The uncertainty of the national epidemics is higher than that of Hubei, so the evolutionary trend of the epidemics still needs attention in the future in terms of population migration or possible infection clusters on the way.

Tables.

Table 1: Parameter estimates for the 2019-nCov epidemics in Wuhan, China.

| Parameter | Definitions | Estimated values | | Source |
|----------------|---|---|---|-----------|
| | | Hubei(Std) | China(Std) | |
| c_0 | Contact rate at the initial time | 14.781 | 14.781 | 9 |
| c_b | Minimum contact rate under the current control strategies | 5.00(0.0039) | 8.00(0.066) | Estimated |
| r_1 | Exponential decreasing rate of contact rate | 0.20(0.0067) | 0.15(0.0352) | Estimated |
| β | Probability of transmission per contact | 0.2068(0.0048) | 0.1911(0.0175) | Estimated |
| q_0 | Quarantined rate of exposed individuals at the initial time | 0.0051(0.0052) | 1.00 $\times 10^{-4}$ (0.0037) | Estimated |
| q_m | Maximum quarantined rate of exposed individuals under the current control strategies | 0.6297(0.0134) | 0.98(0.0087) | Estimated |
| r_2 | Exponential increasing rate of quarantined rate of exposed individuals | 0.10(0.00062) | 0.1531(0.004) | Estimated |
| m | Transition rate of susceptible individuals to the suspected class | 1.00×10^{-6} (1.21 $\times 10^{-8}$) | 1.0002×10^{-7} (1.58 $\times 10^{-8}$) | Estimated |
| b | Detection rate of the suspected class | 0.09(0.000066) | 0.07(0.0078) | Estimated |
| f | Confirmation ratio: Transition rate of exposed individuals in the suspected class to the quarantined infected class | 0.80(0.0032) | 0.50(0.0541) | Estimated |
| σ | Transition rate of exposed individuals to the infected class | 1/7 | 1/7 | 9 |
| λ | Rate at which the quarantined uninfected contacts were released into the wider community | 1/14 | 1/14 | 9 |
| δ_{I0} | Initial transition rate of symptomatic infected individuals to the quarantined infected class | 0.1326 | 0.1326 | 9 |
| δ_{If} | Fastest diagnose rate | 2.5(0.0009) | 2.5(0.006) | Estimated |
| r_3 | Exponential decreasing rate of diagnose rate | 0.20(0.000139) | 0.20(0.093) | Estimated |
| γ_I | Recovery rate of infected individuals | 0.33 | 0.33 | 9 |
| γ_H | Recovery rate of quarantined infected individuals | 0.20(0.0045) | 0.15(0.0132) | Estimated |
| α | Disease-induced death rate | 0.013(0.00036) | 0.008(0.00017) | Estimated |
| Initial values | Definitions | Estimated values | | Source |
| | | Hubei(Std) | China(Std) | |
| $S(0)$ | Initial susceptible population | 9.00×10^6 (3.52 $\times 10^5$) | 2.00×10^7 (1.23 $\times 10^7$) | Estimated |
| $E(0)$ | Initial exposed population | 4.00×10^3 (390) | 9.00×10^3 (2.11×10^3) | Estimated |
| $I(0)$ | Initial infected population | 935(60) | 1.2405×10^3 (642) | Estimated |
| $B(0)$ | Initial suspected population | 800(13) | 1072 | Data |
| $S_q(0)$ | Initial quarantined susceptible population | 2132 | 7347 | Data |
| $H(0)$ | Initial quarantined infected population | 494 | 771 | Data |

| | | | | |
|--------|------------------------------|----|----|------|
| $R(0)$ | Initial recovered population | 34 | 34 | Data |
|--------|------------------------------|----|----|------|

Table 2: Control daily reproduction ratio $R(t)$ for the COVID-19 epidemics in Wuhan, China.

| Date | | Jan. 23 | Jan. 24 | Jan. 25 | Jan. 26 | Jan. 27 | Jan. 28 | Jan. 29 | Jan. 30 | Jan. 31 |
|--------|-------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| $R(t)$ | Hubei | 6.3947 | 5.0024 | 3.9330 | 3.1090 | 2.4722 | 1.9784 | 1.5943 | 1.2946 | 1.0599 |
| | China | 6.0033 | 4.5709 | 3.4774 | 2.6431 | 2.0076 | 1.5243 | 1.1577 | 0.8803 | 0.6709 |
| Date | | Feb. 1 | Feb. 2 | Feb. 3 | Feb. 4 | Feb. 5 | Feb. 6 | Feb. 7 | Feb. 8 | Feb. 9 |
| $R(t)$ | Hubei | 0.8755 | 0.7302 | 0.6153 | 0.5241 | 0.4515 | 0.3935 | 0.3470 | 0.3096 | 0.2794 |
| | China | 0.5131 | 0.3943 | 0.3048 | 0.2375 | 0.1867 | 0.1482 | 0.1189 | 0.0965 | 0.0792 |

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Ethical Approval

Waived, since all data utilized are publicly available.

Conflict of Interest

None.

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Figures.

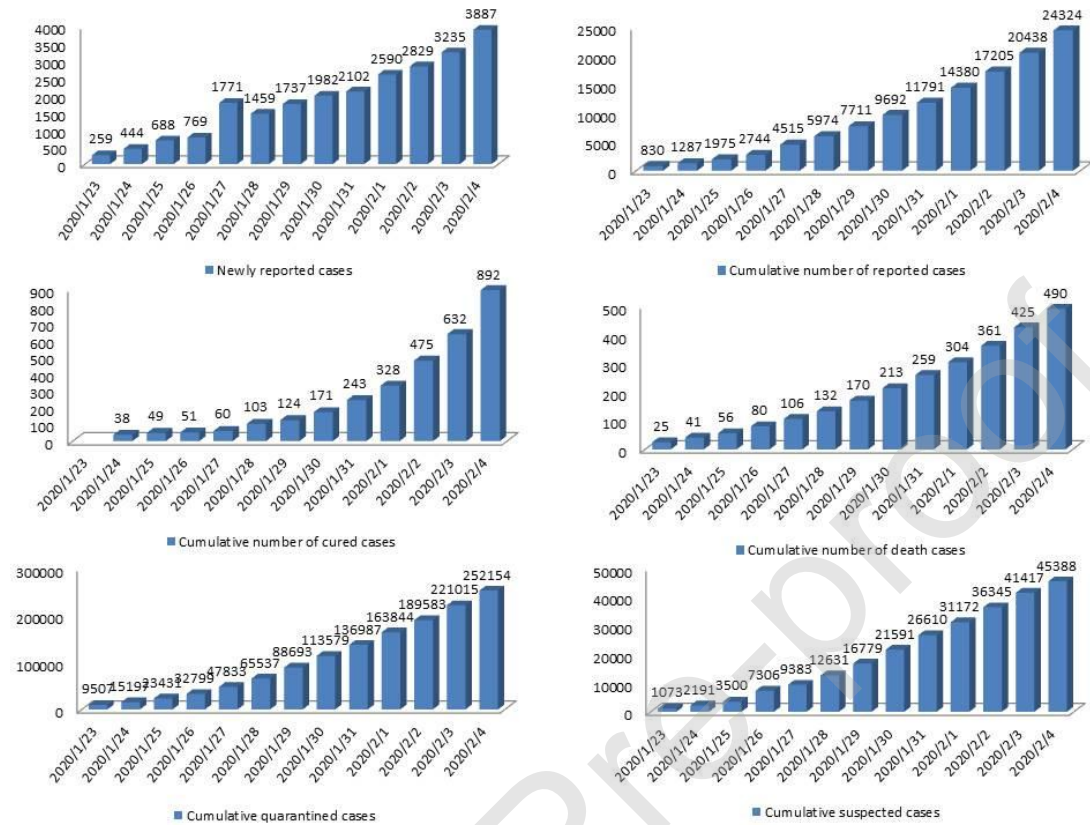


Figure 1. The datasets related to the COVID-19 epidemics including newly reported cases, cumulative number of reported cases, cumulative number of cured cases, cumulative number of death cases, cumulative quarantined cases and cumulative suspected cases.

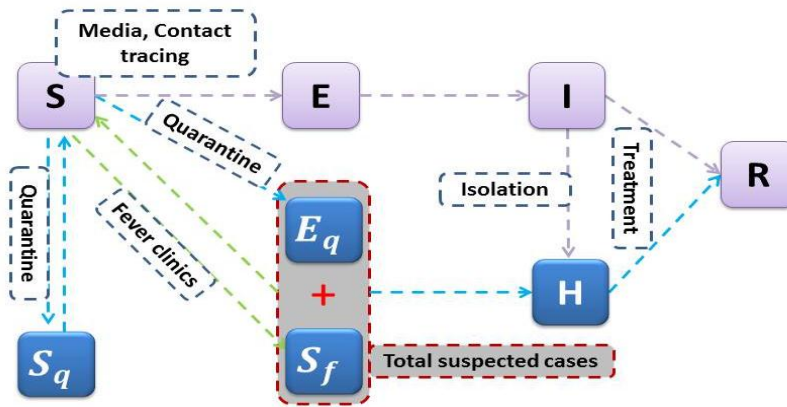


Figure 2. Diagram of the model adopted in the study for simulating the COVID-19 infection. Interventions including intensive contact tracing followed by quarantine and isolation are indicated. The gray compartment means suspected case compartment consisting of contact tracing E_q and fever clinics.

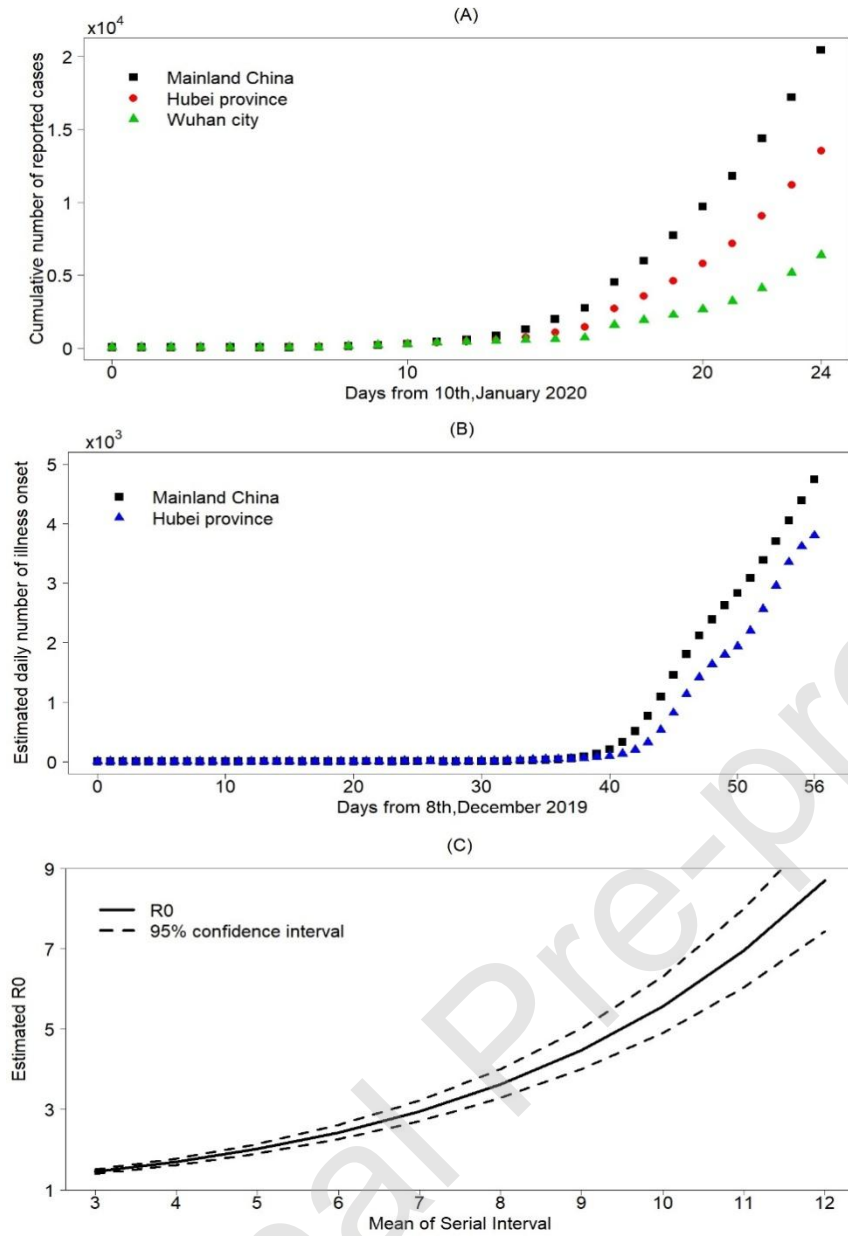


Figure 3. (A) Cumulative number of confirmed reported cases for mainland China, Hubei province and Wuhan city, (B) Estimated number of illness onset cases for mainland China, Hubei province and Wuhan city, (C) Estimated basic reproduction number R_0 .

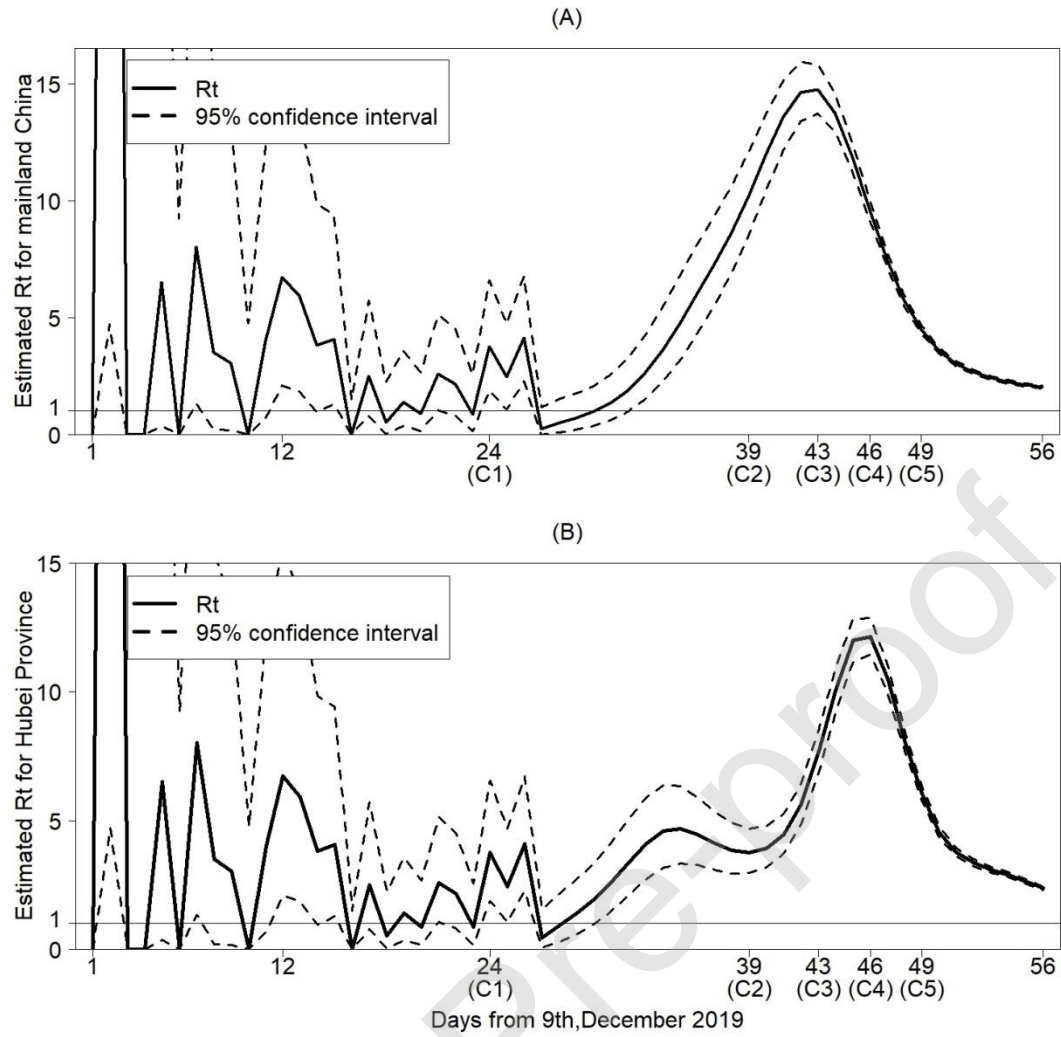


Figure 4. Estimated effective reproduction number R_t for mainland China in (A) and for Hubei province in (B). The timings of strategies implemented are as follows: (C1): Huanan Seafood Wholesale Market closed on January 1st 2020; (C2): Detection kits for COVID-19 firstly used on January 16th 2020; (C3): The Chinese government amended the Law on the Prevention and Treatment of Infectious Diseases to include the COVID-19 as class-B infection but manage it as a class-A infection due to its severity on January 20th 2020; (C4): Lock-down strategy in Wuhan implemented on January 23rd 2020; (C5): Spring festival holiday extended and self-quarantine measures kept on January 26th 2020.

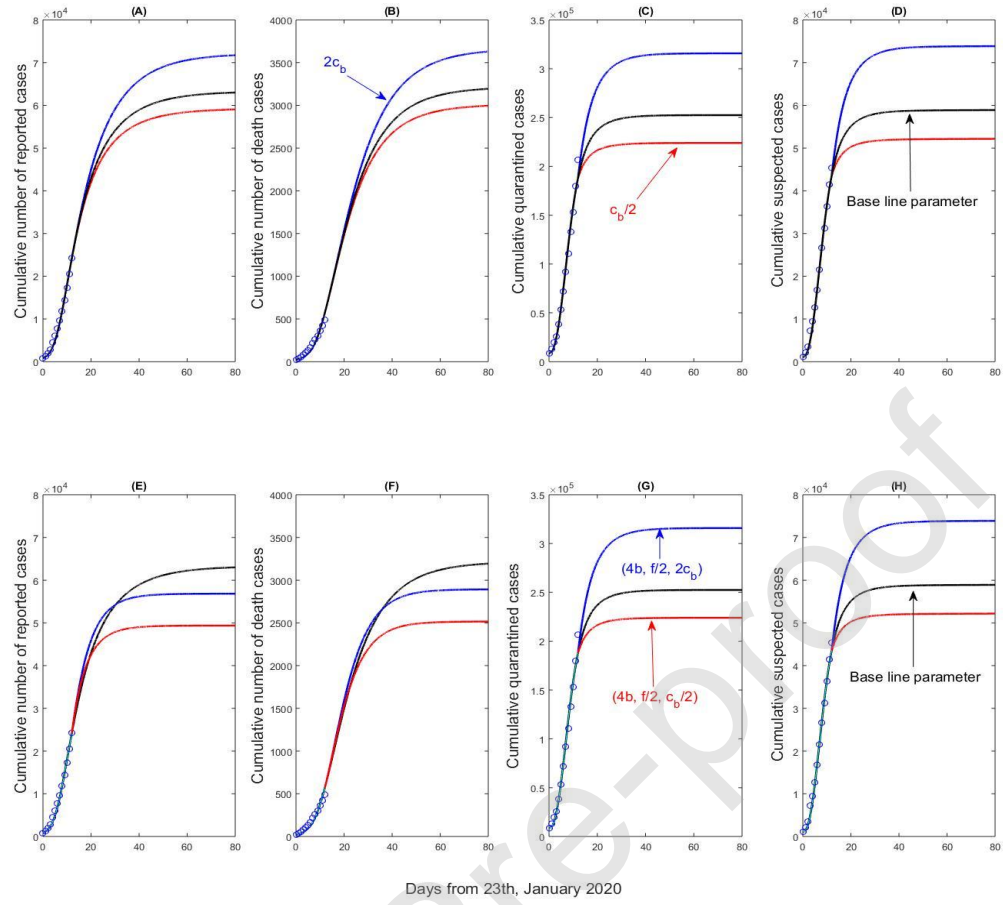


Figure 5. Goodness of fit (black curve) and variation in cumulative number of reported cases, cumulative number of death cases, cumulative quarantined cases and cumulative suspected cases with the minimum contact rate (C_b), detection rate (b) and the confirmation ratio (f).

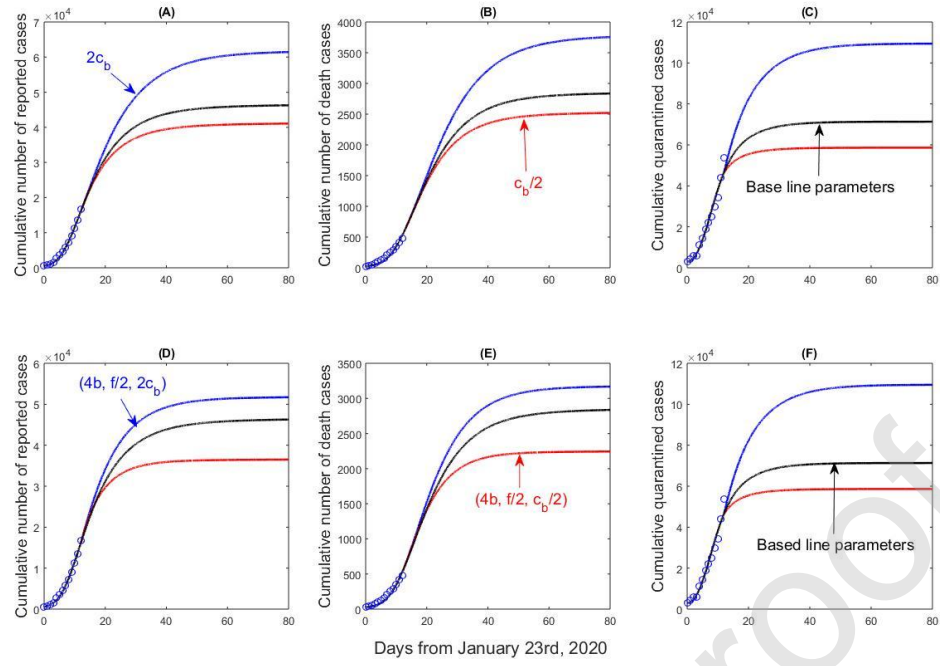


Figure 6. Goodness of fit (black curve) and variation in cumulative number of reported cases, cumulative number of death cases, and cumulative quarantined cases with the minimum contact rate (c_b), detection rate (b) and the confirmation ratio (f) for Hubei Province.

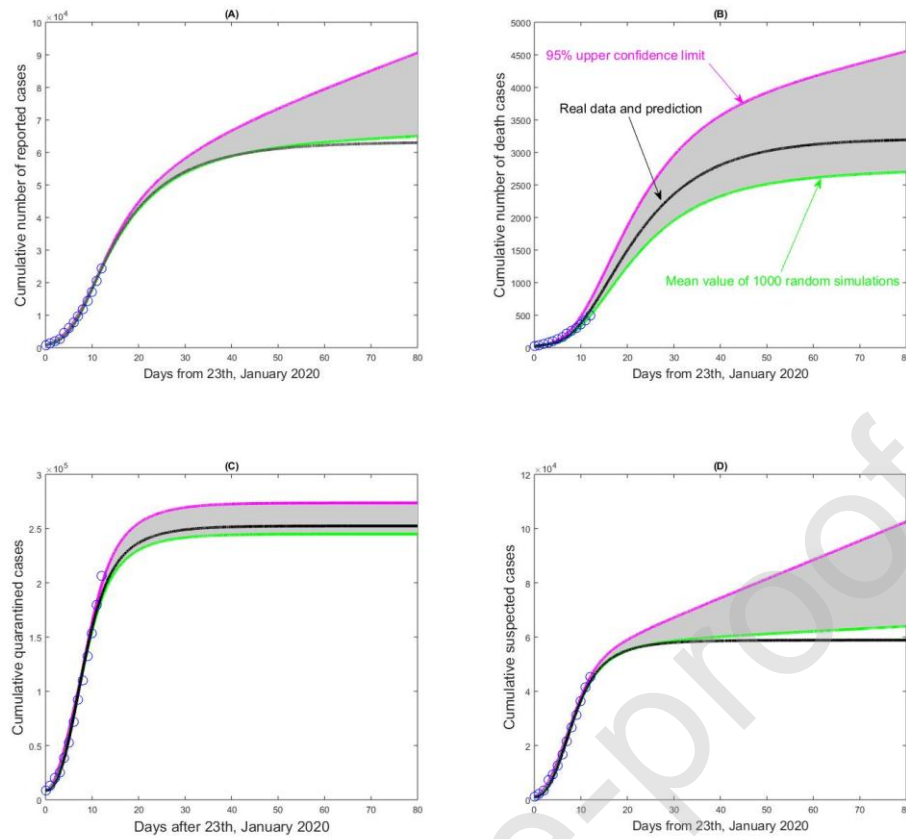


Figure 7. The impact of the randomness of the cumulative reporting data sets including cumulative number of reported cases, cumulative number of death cases, cumulative quarantined cases and cumulative suspected cases on the 2019nCoV epidemic in mainland China. The unilateral 95% confidence intervals (here 95% upper confidence limits) have been given, and the mean curve and estimated curve based on the real data sets are marked in each subplot.

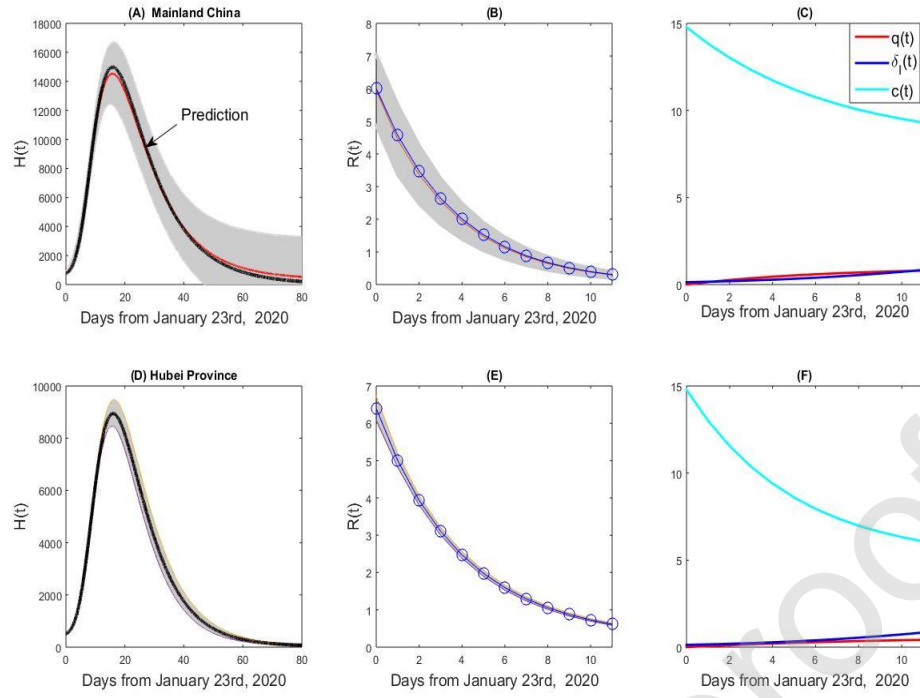


Figure 8. The hospital notifications, effective reproduction numbers, and estimated contact rate, quarantined rate and diagnose rate curves for mainland China (A-C) and the Hubei province (D-F)

Appendix.

Data information

| Date | Cumulative confirmed cases | | Cumulative death cases | | Cumulative quarantined population | | Cumulative suspected cases |
|-------|----------------------------|-------|------------------------|-------|-----------------------------------|-------|----------------------------|
| | China | Hubei | China | Hubei | China | Hubei | China |
| 01/23 | 830 | 549 | 25 | 24 | 9507 | 3653 | 1073 |
| 01/24 | 1287 | 729 | 41 | 39 | 15197 | 5682 | 2191 |
| 01/25 | 1975 | 1052 | 56 | 52 | 23431 | 7989 | 3500 |
| 01/26 | 2744 | 1423 | 80 | 76 | 32799 | 10394 | 7306 |
| 01/27 | 4515 | 2714 | 106 | 100 | 47833 | 16904 | 9383 |
| 01/28 | 5974 | 3554 | 132 | 125 | 65537 | 22095 | 12631 |
| 01/29 | 7711 | 4586 | 170 | 162 | 88693 | 28780 | 16779 |
| 01/30 | 9692 | 5806 | 213 | 204 | 113579 | 35144 | 21591 |

| | | | | | | | |
|-------|-------|-------|-----|-----|--------|-------|-------|
| 01/31 | 11791 | 7153 | 259 | 249 | 136987 | 41075 | 26610 |
| 02/01 | 14380 | 9074 | 304 | 294 | 163844 | 48571 | 31172 |
| 02/02 | 17205 | 11177 | 361 | 350 | 189583 | 56088 | 36345 |
| 02/03 | 20438 | 13522 | 425 | 414 | 221015 | 68988 | 41417 |
| 02/04 | 24324 | 16678 | 490 | 479 | 252154 | 81039 | 45388 |
