



SEPTEMBER 22-13, 2015
(NEW)

ADVANCED ARTHROSCOPIC COURSE

COORDINATED BY: **Vieira da Silva, Jorge Correia-Pinto**

This course is part of an announced series of hands-on workshops in MIS in the Life and Health Sciences Research Institute - School of Health Sciences, University of Minho in Braga, Portugal.

Arthroscopy is a minimally invasive surgery that has developed at a great rhythm in the last decades, being nowadays the gold standard treatment for some major orthopedics pathologies. This two-day hands-on course is designed to educate attendees in the art and science of advanced arthroscopy. The course is a continuum of a theoretical symposium from expert faculty and hands-on training sessions maximizing technical skill development. In order of this trend we have developed a program on advanced arthroscopic surgery on knee, shoulder and ankle in a realistic setting using a cadaveric model. The course will provide step by step techniques for performing arthroscopic procedures and is a great opportunity for orthopedic residents and young specialist to train on realistic cadaveric models. We hope that this unique program will serve the need for advanced training and look forward to welcoming you!

SCIENTIFIC SPONSOR



TARGET GROUP:
Residents last year
Orthopaedic surgeons

WEBSITE:
www.icsaude.uniminho.pt/pg/advancedarthrosocopy

REGISTRATION:
sec-pg@icsaude.uniminho.pt

PROGRAMME AT A GLANCE

SEPTEMBER 2015 TUESDAY, 22

MORNING SHOULDER COURSE
Welcoming remarks
Lecture 1: Impingment
Lecture 2: Anterior instability
Lecture 3: Posterior instability
Lecture 4: AC joint pathology
Hands-on session I - Lab

AFTERNOON SHOULDER COURSE
Hands-on session II - Lab
KNEE COURSE
Welcoming remarks
Lecture 1: Meniscus surgery
Lecture 2: Ligament reconstruction
Hands-on session I - Lab
Participants & Faculty dinner

WEDNESDAY, 23

MORNING KNEE COURSE
Lecture 3: Patella instability
Lecture 4: Articular cartilage defects
Hands-on session II - Lab
ANKLE COURSE
Welcoming remarks
Lecture 1: Anterior ankle approach: technique and indications
Lecture 2: Ankle osteochondral defects: algorithm for treatment
Lecture 3: Arthroscopic management of ankle instability
Lecture 4: Posterior ankle approach: technique and indications
Lecture 5: Subtalar and sinus tarsi arthroscopy
Lecture 6: Tendoscopy around the ankle

AFTERNOON ANKLE COURSE
Hands-on session I - Lab
Hands-on session II - Lab